

# Flu Shots - 2019

- Only for patients of East Wellington Family Health Team (by appointment)
- Please call for appointment or sign up to communicate by email  
<https://www.ewfht.ca/displayPage.php?page=EmailConsentForm>
- Public Health and local pharmacies also give flu shots
  - Please advise our office if you have received your flu shot somewhere else so we can update your health records
- There are three flu vaccines being distributed by Public Health
  - one for 6 months of age and older and one high dose vaccine for 65 yrs old and over
- FLUMIST IS NOT AVAILABLE IN CANADA THIS YEAR
- Must complete a consent form and screening questionnaire
- Must wait 15 minutes after flu shot to ensure no adverse reaction

| <u>Date</u> | <u>Time</u>   | <u>Clinic</u> |
|-------------|---------------|---------------|
| Oct 21      | 5:15-7:30 pm  | Erin          |
| Oct 24      | 4:30-7:30 pm  | Rockwood      |
| Oct 26      | 9:00-12:15 pm | Erin          |
| Oct 28      | 4:30-7:30 pm  | Erin          |
| Oct 31      | 4:30-7:30 pm  | Rockwood      |
| Nov 2       | 9:00-12:15 pm | Rockwood      |
| Nov 4       | 4:30-7:30 pm  | Erin          |
| Nov 7       | 4:30-7:30 pm  | Rockwood      |
| Nov 9       | 9:00-12:15 pm | Erin          |
| Nov 11      | 4:30-7:30 pm  | Erin          |
| Nov 14      | 4:30-7:30 pm  | Rockwood      |
| Nov 16      | 9:00-12:15 pm | Rockwood      |
| Nov 18      | 4:30-7:30 pm  | Erin          |
| Nov 21      | 4:30-7:30 pm  | Rockwood      |
| Nov 23      | 9:00-12:15 pm | Erin          |
| Nov 25      | 4:30-7:30 pm  | Erin          |
| Nov 28      | 4:30-7:30 pm  | Rockwood      |
| Nov 30      | 9:00-12:15 pm | Rockwood      |
| Dec 2       | 4:30-7:30 pm  | Erin          |
| Dec 5       | 4:30-7:30 pm  | Rockwood      |
| Dec 7       | 9:00-12:15 pm | Erin          |
| Dec 9       | 4:30-7:30 pm  | Erin          |
| Dec 14      | 9:00-12:15 pm | Rockwood      |
| Dec 19      | 4:30-7:30 pm  | Rockwood      |