



Although offices are closed to the public our services continue to be available between 9am and 4:30pm Monday to Friday. You can arrange to have food bank donations picked up at your home or you can drop them off at 45 Main St, Erin or 107 Harris St., Rockwood. Monetary donations can be sent via e-transfer to tammy.m@ew-cs or through Canada Helps or by mail.

My needs	What do I do?
I cannot afford food and I live in Town of Erin (Hillsburgh, Brisbane, Ballinafad, etc)	Call Stephanie at 519-833-9696 ext. 227
I cannot afford food and live in the Township of Guelph Eramosa	Call Lorilee at 519-856-2113
I need to speak to an Outreach Working and I live in the Town of Erin (Hillsburgh, Brisbane, Ballinafad, etc) example: I just need to talk, I'm overwhelmed, I'm anxious	Call Julia at 226-979-7308
I need to speak to an Outreach Worker and I live in the Township of Guelph Eramosa example: I just need to talk, I'm overwhelmed, I'm anxious	Call Lorilee at 519-856-2113
I'm a youth who needs to talk with someone	Call Deni at 519-215-1339 or Tiffany at 226-979-7148
I'm a senior or a caregiver of a senior and need to talk to someone	Call Francesca at 226-979-2066
I need transportation or someone to pick up my donation, prescription or groceries and I live in either the Town of Erin or the Township of Guelph/Eramosa	Call Krista or Barb at 519-856-2113
I HAVE A MEDICAL EMERGENCY	CALL 911
I AM IN CRISIS, OR I NEED HELP AFTER 4:30PM MONDAY TO FRIDAY OR ANYTIME OVER THE WEEKEND PLEASE CONNECT WITH CANADIAN MENTAL HEALTH ASSOCIATION SERVICES	CALL 1-844-HERE247 1-844-437-3247
I have questions other than what is listed above	Call Kari or Tammy at 519-833-9696