



Are you an older adult (65 years +) OR a family caregiver to an older adult living in Ontario?

Share your experience and expertise with us in an upcoming online focus group and receive a \$50.00 (CAD) Amazon gift card in appreciation of your time!

The purpose of this research is to develop a model of 'long-term LIFE care at home' that better matches the needs of older adults with care and services delivered in the home. The goal of this work is to help support more older adults to live and receive care at home as they age.

Focus group dates:

- Wednesday, September 22, 1:30-3:30pm
- Thursday, September 30, 9:30-11:30am
- Tuesday, October 5, 12-2pm
- Wednesday, October 13, 5-7pm
- Tuesday, October 19, 9-11am
- Thursday, October 28, 3-5pm

As a participant in this research project, you would be asked to take part in one online focus group (by video or telephone) with other older adults, caregivers and health care providers for up to 2 hours to share your ideas for better matching care needs and services provided to older adults at home.

For more information, please contact the Project Manager, Valentina Cardozo at research@sehc.com.



This research is led by researchers in the SE Research Centre and the University of Waterloo to develop safe alternatives to serving the long-term care needs of frail, older adults in the home care environment. This study has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee.