

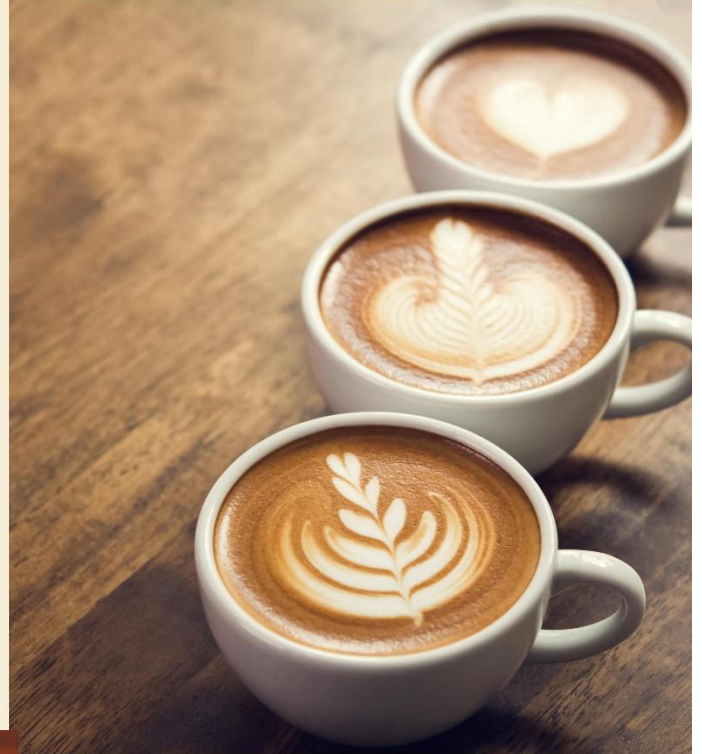


# Caregiver Coffee Hour

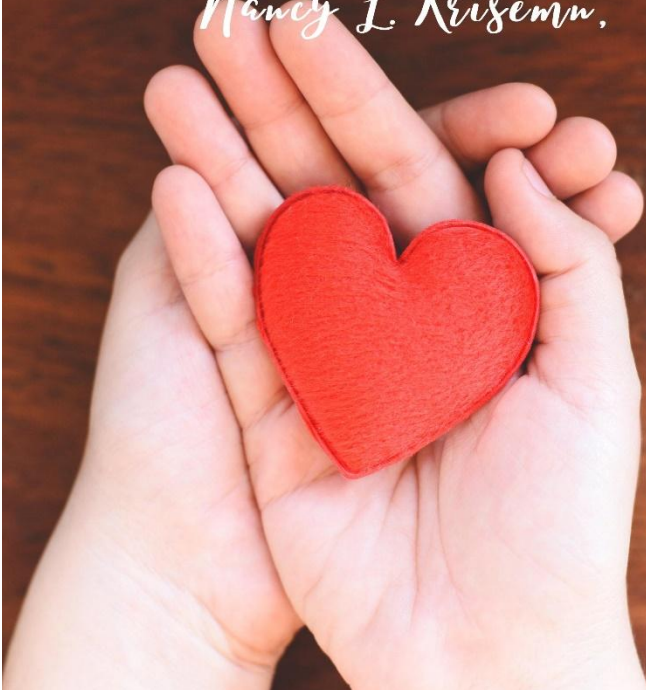
## Drop-In

PLEASE JOIN US FOR THIS MONTHLY DROP-IN GROUP THAT IS FOR ANYONE WHO IS, OR WILL BE A CAREGIVER.

WE WILL SHARE RESOURCES, MEET OTHER CAREGIVERS, AND SHARE STORIES OVER REFRESHMENTS AND SNACKS. THERE IS NO REGISTRATION FOR THIS GROUP AND NO COST TO ATTEND.



*Caregiving will never be  
one-size-fits-all.  
Nancy L. Kriseman.*



**BEGINNING SEPTEMBER 12,  
6:30PM - 7:30PM. THEN THE FIRST  
MONDAY OF EVERY MONTH  
(OCT 3, NOV 7, DEC 5)**

**LOCATION:  
COMMUNITY EDUCATION ROOM,  
EAST WELLINGTON FAMILY HEALTH  
TEAM- 6 THOMPSON CRES, ERIN, ON**

**There is no registration required for this group. If there is a cancellation, it will be posted on the EWFHT website. As This is an in person group there will be PPE policies for in clinic attendance.**

**If you have any questions about this program, please call Julie Martin-Jansen at 226-979-6758 or email [Juliem.jansen@hospicewellington.org](mailto:Juliem.jansen@hospicewellington.org)**